



## YMCA Membership

YMCA membership is an investment in your spirit, mind, and body. The YMCA of Greater Grand Rapids has developed an attractive corporate membership program that offers great incentives for joining. Following is an overview of the membership package for Grand Valley State University employees.

### Membership Package

Contact: Bennett Mallory, Corporate Membership Sales & Retention Director  
Phone: (616) 855-9552  
Email: [bmallory@grymca.org](mailto:bmallory@grymca.org)

The YMCA of Greater Grand Rapids will offer all Grand Valley State University employees and their families the Get Moving, Get Healthy program which will include:

- One Day Guest Pass which can be used at any one of the 6-YMCA locations. (Use this flyer or stop in at any of the branches)

### When you join the YMCA, you can expect to receive:

- **100% off the Joining Fee**
- 6 – **FREE** One Hour Wellness Coaching Sessions. Call Bennett Mallory at 855-9552 or [bmallory@grymca.org](mailto:bmallory@grymca.org) to set up your first appointment.
- Recognition incentive gifts which include a Get Moving, Get Healthy pedometer, water bottle, t-shirt, sweatshirt, and gym bag. One gift will be given at each wellness coaching session.
- Website tracking via the YMCA of Greater Grand Rapids website
- Existing members of the YMCA employed by Grand Valley State University can also enroll in the Get Moving, Get Healthy promotion
- 100% off joining fee valid through July 31, 2008.



*Fitness Center - David D. Hunting Branch*



*Gary Strehlke, Wellness Coach  
Gary Allen, Clear Channel Radio*

**Grand Valley State University Membership Rates (includes all six locations):**

Adult: Joining fee - \$0\* and \$58/month  
Family: Joining fee - \$0\* and \$88/month  
\*Reflects 100% discount off joining fee.  
(Membership rates change annually.)



*Visser Family Aquatics Center at David D. Hunting Branch*

**Greater Grand Rapids Locations:**

- David D. Hunting Branch, 475 Lake Michigan Dr NW, Grand Rapids
- Ionia County Branch, 250 E. Tuttle St., Ionia
- Lowell Branch, 1335 West Main St., Lowell
- Southeast Branch, 730 Forest Hill SE, Grand Rapids
- Visser Family Branch, 3540 Fairlanes SW, Grandville
- Wolverine World Wide Family Branch, 6555 Jupiter Ave, Belmont

**New Facility:**

- David D. Hunting Branch YMCA  
475 Lake Michigan Dr, Grand Rapids

This 160,000 square foot facility is one of the largest YMCAs in the nation and provides family-friendly programming for the entire community.



*David D. Hunting Branch Gymnasium/Track, Racquetball, Squash*

**New Facility:**

- Wolverine World Wide Family Branch YMCA, 6555 Jupiter Ave, Belmont

This 46,800 square foot facility, located on 18 acres on the corner of Post Drive and Jupiter Avenue, ½ mile off Interstate 131, opened October 31, 2005 and will serve the growing northern Kent County Area.



*Wolverine World Wide Family YMCA Teen Center*